

Ronde van Palouse Road Race

Saturday April 10, 2010

Description: Ronde van Palouse (tour of the palouse) is a road race held in the spirit of the Spring Classics. The course consists of a 23-mile circuit in the farm country near Spangle, Washington. The roads have good pavement with the exception of four miles of graded gravel road. The constant rollers and the nearly constant wind of the palouse will make this a challenging circuit that should favor the strongest all-around riders. The finish line is on Kentuck Trails Road about two miles northeast of Liberty High School. Puncture resistant tires are recommended.

Course update 4/7/10: New feed zone location! To make parking easier we have relocated the feed zone to South Rattles Run Road (gravel road). See map below. The course is in good shape. A few potholes have appeared on the paved sections of the course. They are well marked. The gravel section has survived the rain and snow, but there is still a lot of very loose gravel in certain sections after recently being graded. We've been riding the course on 23 mm tires without much problem. 25mm tires would give you some additional protection against pinch flats.

Directions: From Spokane, go 17 miles south on Hwy 195. Exit the highway left on East Cheney-Spangle Road. This is the second Spangle exit. You'll see the Harvester restaurant to the left and a gas station on the right as you enter the town of Spangle. The road becomes "1st" Street in Spangle. Continue to the stop sign at Main/Old 195. Turn right on Old SR 195 and proceed south for approximately one mile. Turn left on Spangle-Waverly Road. Proceed 3.5 miles to the staging area at Liberty High School on the right.

Category	Start Time	Distance	Laps	Prizes
Men 1, 2 Men 3 *	11 a.m.	71 miles	3+	Men 1, 2 Medals 3 deep Men 3 Medals 3 deep North Division Cash Sprint Primes **
Men 4, 5 Master Men 40+ * Master Men 50+ *	11:05 a.m.	48 miles	2+	Men 4, 5 Medals 3 deep Master Men 40+ Medals 3 deep Master Men 50+ Medals 3 deep North Division Merchandise Sprint Primes **
Women 1, 2, 3 Women 4 *	11:10 a.m.	48 miles	2+	Women 1, 2, 3 Medals 3 deep Women 4 Medals 3 deep North Division Merchandise Sprint Primes **

* Category scored separately but racing together

** One sprint prime per field

Fees:

- \$25 day-of registration, or \$20 pre-registration
- \$10 one-day license (Women 4 / Men 5 only)
- \$5 unattached rider fee (except Women 4/ Men 5)
- USA Cycling annual licenses available for \$60 at usacycling.org.

Registration: Pre-registration will be available until Friday April 9th. [Click here to pre-register](#) using PayPal.

Day-of registration will be available. Check-in and registration will be from 8 -10:30 a.m. in the Liberty High School parking lot. Riders should check-in no later than 30 minutes before the start of the race.

Frequently Asked Questions:

- Race numbers will be provided at registration
- Support vehicle for each field will be "wheels in-wheels out"
- No neutral feed zone. A feed zone is available for teams and individuals with their own support person. Your soigneurs should be instructed to stand in the feed zone near the top of the hill on South Rattles Run (see map) . There's parking at the intersection of Dawson Road and Rattles Run. **Other Rules:** All USA Cycling rules apply.
- Award ceremony will be at Liberty High School after the last field has finished (approximately 2:30 PM)

Other Rules: All USA Cycling rules apply. Riders outside the "race caravan" must obey the standard rules of the road. Racers must present valid 2010 USA Cycling license at registration, no exceptions. Helmets must be worn any time the participant is on a bicycle--before, during, and after the race.

Organizer: Mike Sirott

Chief Referee: Alex Renner

Contact: info@spokanerocketvelo.com or 509.868.8604

Held under USA Cycling Permit #2010-15



Course Map:



Elevation Profile (one lap):

